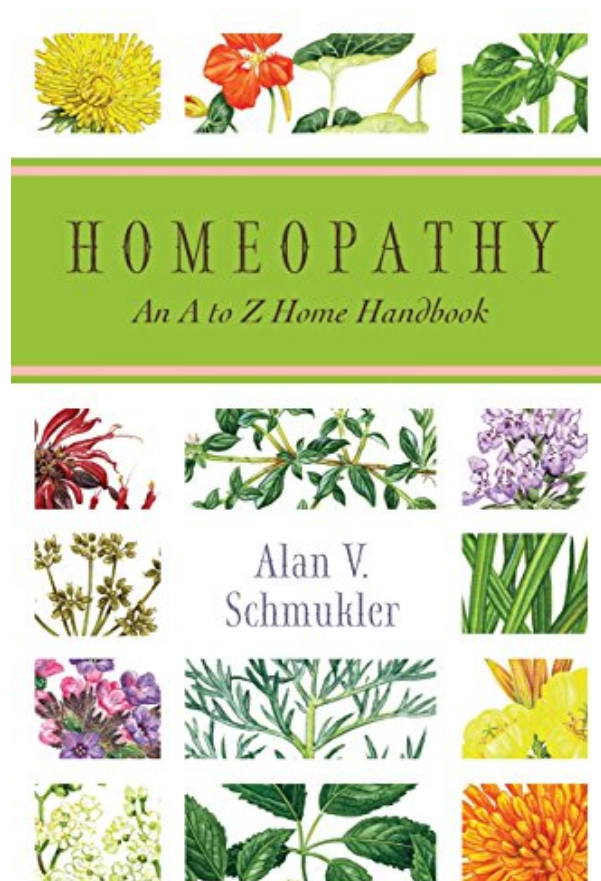


HOMEOPATHY: AN A TO Z HOME HANDBOOK BY ALAN SCHMUKLER



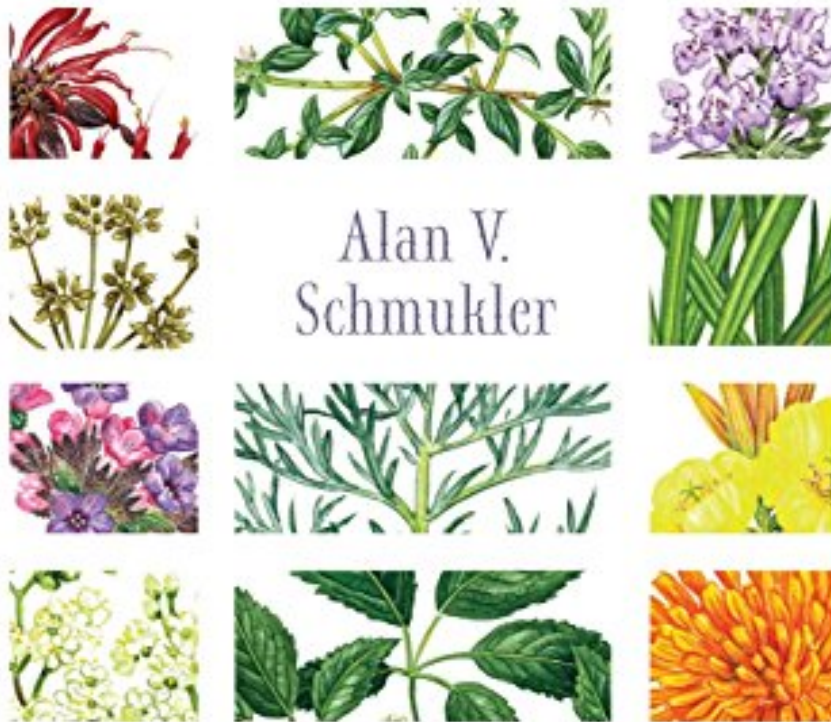
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HOMEOPATHY

An A to Z Home Handbook



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From Publishers Weekly

Though the idea behind his guide to homeopathic medical treatment is worthwhile, its execution is lacking. Schmukler, the founder of the Homeopathic Study Group of Metropolitan Philadelphia and a 14-year homeopathic practitioner, begins with a breezy history and thumbnail sketch of how homeopathy works before delving into which cures to use for which ailments. And while the ailments are easy to search through (they're listed alphabetically), Schmukler's remedies read like riddles sent via telegram. (On using Belladonna to treat a cold: "They are worse from light, noise or being jarred. They may be thirsty or not"; on using Pyrogenum to remedy Typhoid fever: "Bed feels too hard. Restless. High pulse with low temperature or the reverse. Foul diarrhea. Better from motion.") Readers well-acquainted with homeopathy may find the book helpful, but the book's intended audience—those unfamiliar with the practice—will likely be lost.

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Review

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These are uncertain times, and yet this book was written in the spirit of hope and empowerment. I've tried to create a handbook that anyone could use. I did this by avoiding medical terminology, assuming no prior knowledge on the part of the reader and using the clearest language I could muster. This book is unique, both in its scale and the topics covered. It includes:

- * Remedies for both common and serious, acute ailments
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Effective, safe, affordable, and free of chemical side effects-the benefits of homeopathy are endless! Already established in the national health care systems of England, France, and the Netherlands, homeopathic treatments are used by over five hundred million people worldwide. Alan Schmukler's Homeopathy discusses the history and science of this alternative medicine and provides a comprehensive list of proven remedies-safe for people and animals.

Packed with homeopathic treatments for arthritis, colds, food poisoning, insomnia, Lyme disease, morning sickness, wounds, and a host of other ailments and injuries, this handy reference guide also includes information on homeopathic immunization and first aid. Schmukler gives helpful instructions for matching remedies with symptoms, ingesting them correctly, making remedies at home, and stretching your supply.

Praise:

"This book is a joy to read, easy to understand, comfortable to use. Whether you are a neophyte or an old-hand in your knowledge of homeopathy, you will benefit from having this book in your library. It is one of the most comprehensive acute care books on the market." LILIPOH Magazine

"Schmuckler's handbook is a comprehensive modern look at the 200 most commonly used remedies that should help satisfy everyone's health questions through homeopathy." Alive Magazine

"Heaven forbid we should find ourselves responding to a life-threatening or cataclysmic event, but if we did, this book would be a godsend! Alan believes homeopathy is 'magical, exciting, and empowering.' Having his book, already dog-eared and visibly well-loved, certainly makes me feel empowered!" Homeopathy Today

- Sales Rank: #364712 in Books
- Published on: 2006-07-08
- Original language: English
- Number of items: 1
- Dimensions: 9.02" h x .75" w x 5.98" l, 1.06 pounds
- Binding: Paperback
- 360 pages

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Most helpful customer reviews

2 of 2 people found the following review helpful.

good book to have

By Mariah

I think this is a good book to keep in your collection if you are interested in homeopathy. This particular book has the usual information on what to take for colds or toothaches and that sort of thing that you typically find in these type of books but also has more obscure and exotic things ranging from gunshot wounds to epidemics. It also has sections with recommended remedies for ailments common in certain occupations and hobbies. There is also a fairly in depth section on pregnancy and childbirth as well as organ remedies pertaining to problems with various organs. I showed this book to a friend who has been using homeopathy for decades and had never seen some of the things mentioned in this book. In fact I will probably buy another copy for my friend. Definitely a good book to have around the house.

2 of 2 people found the following review helpful.

INVALUABLE BOOK FOR ALLLL THINGS HOMEOPATHIC!!

By Molly G

Alan Schmukler has written a most comprehensive, enlightening, and invaluable book that has aided me in too many ways to ever list. I have effectively used and recommended remedies for myself, my family, my friends, and even new acquaintances, all thanks to this cornucopia of wisdom and insight from one of homeopathy's Masters. Whether you are just beginning to explore the fascinating world of homeopathy, or a long time student interested in this Master's interpretations, you will be so inspired and so greatly educated by Alan Schmukler's Handbook!

11 of 12 people found the following review helpful.

Excellent book but not so much for Kindle Touch

By TW

I like this book very much - tried it out on my Kindle Touch and gave it a good skim before reluctantly returning it. It has a table of contents, but the VITAL sections "Ailments A to Z" and "Remedy Descriptions" have no subheadings at all! This means you have to know the names of the remedies (or the exact name used for the ailment) in order to search - or you have to flip through. Which makes it a good book for flipping through and learning more about homeopathy, but not so good for a quick reference in the Kindle format. There is an index - you have to go to "end" and then flip back a few pages to find it. This gives you page numbers to "go to" but they are not touch accessible. If the author updates this book with a better table of contents for quick reference, I will absolutely consider buying it again for the Kindle.

Things I particularly liked in this book were the sections on Pregnancy and Birth; First Aid Remedies for Specific Occupations & Activities (there is some humor here); Economizing (makes sense); and Remedies for Your Home Kit. All very useful chapters. I am adding it to my maybe list for a paperback copy - my space is limited so would have preferred a Kindle copy with a better table of contents!

See all 35 customer reviews...

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