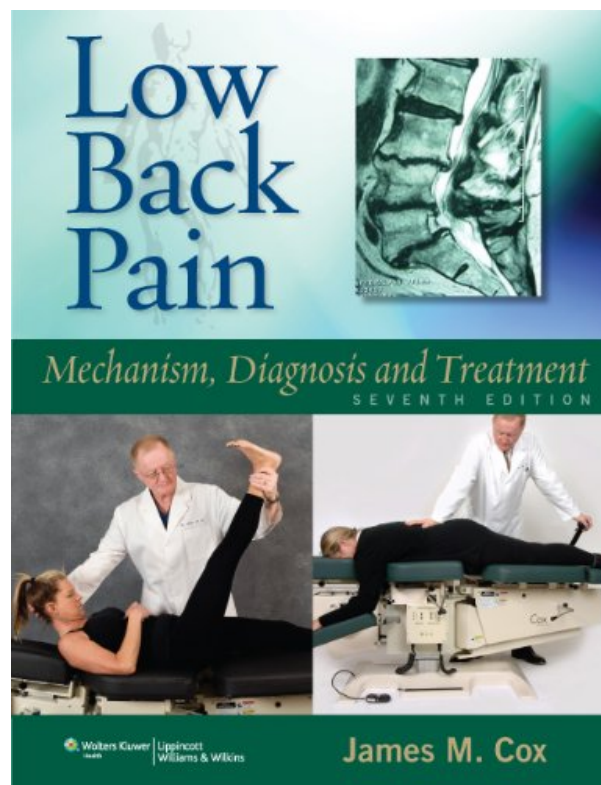
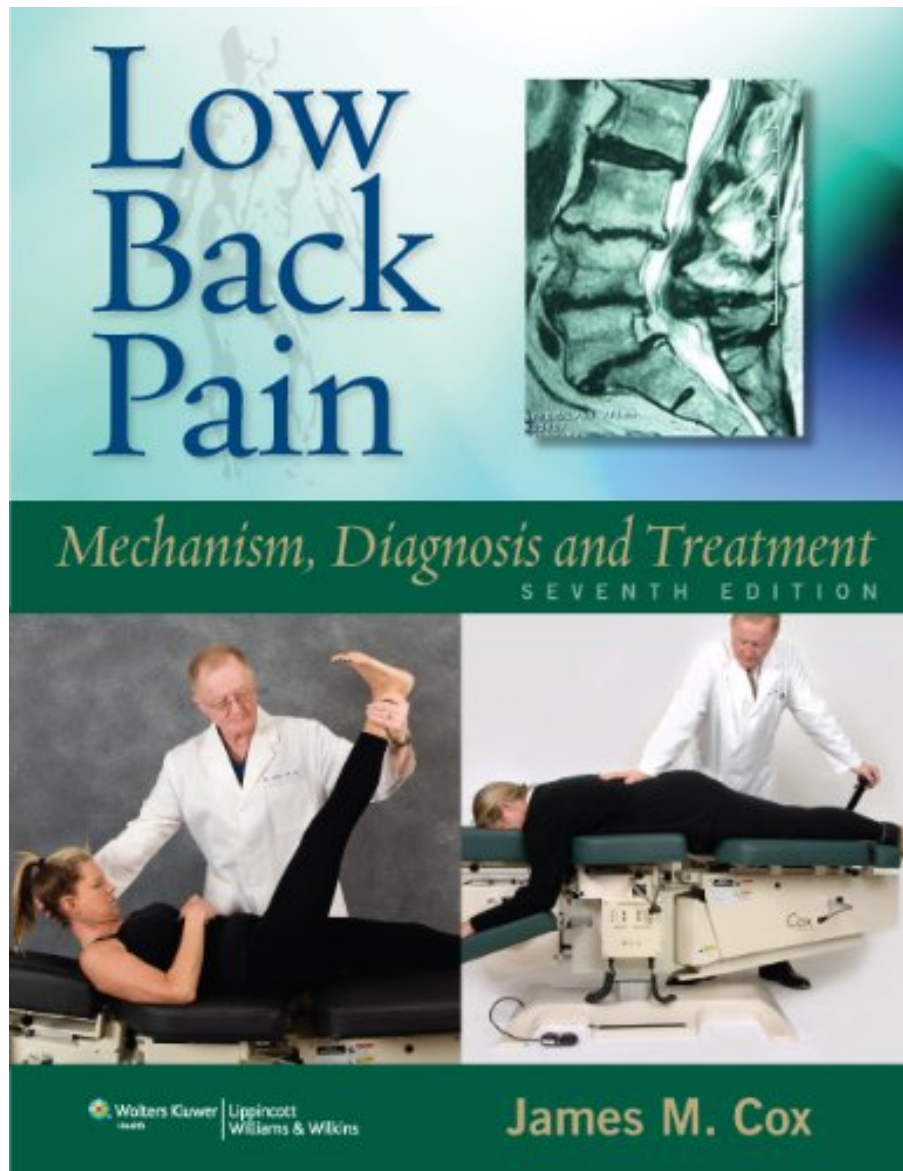


LOW BACK PAIN: MECHANISM, DIAGNOSIS AND TREATMENT BY JAMES M COX DC DACBR



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The Seventh Edition of this textbook is built upon the peer-reviewed literature and research studies in the diagnosis and treatment of low back and radicular pain, focusing on the nonsurgical chiropractic adjusting methods. This text is the culmination of twelve years of updated research and development of spinal manipulation. From spinal stenosis to rehabilitation of low back pain patients to the latest treatise on fibromyalgia, you'll find it all in Low Back Pain, Seventh Edition.

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- Both federally and non federally funded spine research reports of flexion distraction spinal biomechanics and clinical outcomes of its application
- Researched updated application of flexion distraction and decompression spinal manipulation for spinal stenosis, disc herniation, facet syndrome, spondylolisthesis, transitional segment, scoliosis, and mechanical back pain
- Research studies of Ram Gudavalli, PhD performed at Palmer and National Universities of Chiropractic in collaboration with the Loyola University Stritch School of Medicine and Hines VA hospital
- Sacroiliac joint update of anatomy and biomechanics of spinal manipulation
- Chiropractic spinal manipulation compared to medical care and surgery of back and radicular pain for clinical outcomes and cost of care
- Rehabilitation of the back pain patient and its necessity in clinical management
- Intervertebral disc classification of degeneration, herniation types and clinical significance

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- Fibromyalgia: updated diagnosis and treatment of this problem condition
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- The history and evolution of Cox flexion distraction chiropractic spinal manipulation
- Diagnostic testing from physical examination, diagnostic imaging, laboratory testing, and their combined input to correct diagnosis of the back pain patient

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By Dr. Scott Cuthbert

Dr. James M. Cox has done it again!! The 7th edition of this classic textbook is thrilling. Cox flexion-distraction technique is a non-surgical, doctor-controlled, hands-on spinal manipulation performed with the patient lying on a specially designed chiropractic instrument.

Dr. Cox's first editions of this textbook was the best, densest, most convincing presentation of a chiropractic technique that followed the rules of Evidence-Based Medicine and Practice. This book and the technique it represents is a specialty within the chiropractic profession, focusing primarily upon methods to relieve discogenic lower back pain, neck pain, arm pain, leg pain and a host of other spinal related conditions like disc herniation, spinal stenosis, and post-surgical continued pain. Dr. Cox has spent nearly 50 years documenting the science of this non-surgical alternative to back surgery. Flexion-Distraction technique's evidence-based protocols are regularly tested in laboratory and clinical trials supported by privately and federally funded research grants.

People seeking relief for lower back and leg pain can be assured knowing that the Cox flexion distraction protocols are safe, gentle, and well-documented to help them. In fact there are few methodologies in chiropractic -- the acknowledged leaders in the management of acute and chronic low back and neck pain syndromes -- that have been investigated to the extent of this technique.

A classic textbook for students, clinicians, researchers and patients...this book is one in a million. Highly recommended!

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