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# RASACHANDRIKA Saraswat Cookery Book

Saraswat Kitchen of the 40s

SARASWAT MAHILA SAMAJ, BOMBAY

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Saraswat cuisine has uniquness and individuality of its own, n the names of recipes, ingredients, style of preparation, distinctive occasion for such preparations, and, of course, the flavor and rase. 'Rasachandrika' is one of the classics among cookery books in Marathi. Generations of housewives have begun their culinary career by reading and following this book.

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Rasachandrika

By A Customer

I received this book from my mother-in-law as a wedding present when she heard that I can't cook and now I can cook all these delicious dishes every day!

Raschandrika is the premier guide to unique Indian Saraswat Cooking, with tons of vegetarian recipes listed by vegetables, along with non-vegetarian recipes, home remedies, useful hints and Hindu festivals' menu. These recipes are cooked every day in Saraswat homes which you will not see in any other cookbooks or Indian restaurants. All the recipes in this book are successful, simple and easy to follow, and the flavors are a delight to the most demanding eater. The spices used in the recipes are the most common spices you will find in your spice cupboard.

I strongly recommend this book for a beginner, intermediate or an expert cook.

2 of 2 people found the following review helpful.

As essential as salt to me

By Stella

My grandfather had got this book years ago. For over a decade I have used this book for all kinds of saraswat and non-saraswat recipes. It has been indispensable during my journey cooking for myself for the first time as a student into married life. My copy is soiled with the food I cooked with it, and broken into several parts - but I can never do without it.

2 of 3 people found the following review helpful.

A great cookbook, now easily available

By Real Conservationist

This is the "bible" of Saraswat cooking, given to brides so as to start them off right- after all, the way to a man's heart!

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